

ONEinFOUR

An innovative mental health awareness and anti-stigma project

Social Spider CIC

Unit 3N,
Leroy House,
436 Essex Road
London,
N1 3QP
020 7359 7825
oneinfour@socialspider.com
www.oneinfourmag.org
www.socialspider.com

One in Four – Challenging stigma, providing information, supporting wellbeing

One in Four is a magazine by and for people with mental health difficulties produced by Social Spider Community Interest Company. It is the product of an awareness and anti-stigma project and is a mixture of features, news and information that is of use and interest to people with mental health difficulties, their friends and families and a wider general readership.

Presented in a popular format, editorially independent and edited by a former service user, *One in Four* is an effective method of spreading information and advice and signposting services. It delivers information not as a communications exercise but through a well-written and attractive magazine.

The magazine is intended to be offered free to its target market as a benefit to them and helpful resource to improve their wellbeing. Funding for the magazine comes from a combination of grants, advertising and multi-copy subscriptions from public sector and voluntary sector organisations.

To download the pilot issue of the magazine go to <http://www.socialspider.com/1in4.pdf>
The first regular quarterly issue of One in Four magazine is out in June 2008.

On the page below there is an order form for an annual subscription (four issues). *One In Four* multi-copy subscriptions are set at a low price to cover the cost of print and delivery.

If you would like further information, please contact:

Stephen Gardiner

**Business Manager
One in Four**

**020 7354 9129
07831 299169**

stephen@socialspider.com

One in Four - An innovative mental health awareness and anti-stigma project

ONEinFOUR

Order Form

To order copies of One in Four, print this form, fill in your details and send it to:

Stephen Gardiner
Social Spider CIC
Unit 3N, Leroy House
436 Essex Rd.
London
N1 3QP

I would like to order One in Four magazine for one year (four issues).

Please tick no. of copies

<input type="checkbox"/> 10	£45	<input type="checkbox"/> 20	£70	<input type="checkbox"/> 30	£95	<input type="checkbox"/> 40	£120
<input type="checkbox"/> 50	£140	<input type="checkbox"/> 60	£165	<input type="checkbox"/> 70	£185	<input type="checkbox"/> 80	£200
<input type="checkbox"/> 90	£220	<input type="checkbox"/> 100	£240	<input type="checkbox"/> 150	£360	<input type="checkbox"/> 200	£480
<input type="checkbox"/> 300	£660	<input type="checkbox"/> 400	£880	<input type="checkbox"/> 500	£1,100	<input type="checkbox"/> 1,000	£2,000
<input type="checkbox"/> Other - please indicate ...	<input type="text"/>						

Name: _____

Contact tel. or email: _____

P.O Number or Reference _____

Postal Address (including delivery contact name):

Postcode: _____

Date: _____

Please tick one.

I enclose a cheque made payable to Social Spider CIC (for orders of fewer than 100)

Please invoice me

One in Four - An innovative mental health awareness and anti-stigma project